



# VALLEY CENTRAL

## VIKING PRIDE

**HIGH SCHOOL**  
**APRIL 2025**  
**MENU**

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> <b>MOZZARELLA STICKS</b> Marinara Sauce Garlic Knot Steamed Carrots Fruit and Milk	<b>2</b> <b>QUESADILLA</b> Chicken and Cheese Salsa, Sour Cream Rice, Refried Beans Fruit and Milk	<b>3</b> <b>LOADED BAKED POTATO</b> Choose From The Many Topping Dinner Roll and Butter Fruit and Milk	<b>4</b> <b>PIZZA</b> Cheese or Pepperoni Garden Salad Dressing Fruit and Milk
<b>7</b> <b>CHICKEN NUGGETS AND WAFFLES</b> Syrup Green Beans Fruit and Milk	<b>8</b> <b>GRILLED CHEESE ON A BAGEL</b> Tomato Soup Tater Tots Fruit and Milk	<b>9</b> <b>NACHO PLATTER</b> Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	<b>10</b> <b>PASTA</b> Choice of Pasta: Plain Or Marinara Sauce String Cheese, Broccoli Fruit and Milk	<b>11</b> <b>PIZZA</b> Cheese or Pepperoni Garden Salad Dressing Fruit and Milk
<b>14</b> <b>SPRING BREAK</b>	<b>15</b> <b>SPRING BREAK</b>	<b>16</b> <b>SPRING BREAK</b>	<b>17</b> <b>SPRING BREAK</b>	<b>18</b> <b>SPRING BREAK</b>
<b>21</b> <b>SPRING BREAK</b>	<b>22</b> <b>PASTA</b> Stuffed Shells Marinara Sauce Dinner Roll, Broccoli Fruit and Milk	<b>23</b> <b>NACHO PLATTER</b> Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	<b>24</b> <b>CHICKEN GYRO</b> Choice of Onions, Lettuce, Tomatoes Tzatziki Sauce Greek Lemon Potatoes Fruit and Milk	<b>25</b> <b>PIZZA</b> Cheese or Pepperoni Garden Salad Dressing Fruit and Milk
<b>28</b> <b>CHICKEN BOWL</b> Tyson Chicken Nuggets Mashed Potato and Gravy Steamed Corn Fruit and Milk	<b>29</b> <b>EGG BAKE WITH CHEESE</b> Breakfast Sausage Toasted English Muffin Oval Potato Patty Sweet Apple Slices And Milk	<b>30</b> <b>NACHO PLATTER</b> Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa, Refried Beans Fruit and Milk	<i>Menus are subject to change without notice.</i> <i>VCSD is an equal opportunity provider and employer.</i>	



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### DAILY SPECIALS

#### MONDAYS

*Pita Pizza Cold Platter*  
Pita bread, Sauce, Cheese,  
Pepperoni, Fruit and Milk

#### TUESDAYS

*Bagel Platter*  
Bagel, Cream Cheese, Mozz Stick,  
Sliced Veggies and Dip,  
Fruit and Milk

#### THURSDAYS

*Cheese, Ham, Turkey Platter*  
Rolled Cheese, Ham and Turkey  
Sliced, Cut Veggies, Gold Fish  
Fruit and Milk

### DAILY CHOICES AVAILABLE

#### BREAKFAST

Bagels, Cereal,  
Whole Grain Pop Tarts, Muffins,  
Fruit, Fruit Juice, Milk

#### MILK

Fat Free White Milk, 1% White  
Milk, Fat Free Chocolate Milk

#### ALTERNATE MEAL

Yogurt, String Cheese, Fruit,  
Daily Vegetable, Bread,

#### FRESH MADE SALADS

Local Romaine Lettuce,  
Tomatoes, Cucumbers and  
Peppers, Ham, Turkey or Cheese,  
Dressings and Bread

#### SANDWICHES

Turkey/ Cheese, Ham/ Cheese,  
Bologna/Cheese,  
Cheese Sandwich, PBJ

### SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2024-2025 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

#### ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

