

## VALLEY CENTRAL

VIKING PRIDE

ELEMENTARY MARCH 2025 MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN BOWL Chicken Nuggets Mashed Potato and Gravy Steamed Corn Fruit and Milk	BRUNCH FOR LUNCH Ham and Cheese On a Bun Tater tots Fruit and Milk	TATER TOTS WITH CHEESE SAUCE Mozzarella String Cheese Garlic Knot Fruit and Milk	CHICKEN CAESAR SALAD Homemade Soup Dinner Roll and Butter Fruit and Milk	PIZZA Cheese or Pepperoni Carrots, Cucumber Coins Ranch Dressing Fruit and Milk
BREADED BAKED CHICKEN PATTY ON A BUN Seasoned Rice, Green Beans Fruit and Milk	ALL BEEF HOT DOG ON A BUN Sauerkraut, Pickles Homemade Baked Beans Fruit and Milk	QUESADILLA Chicken and Cheese Salsa, Sour Cream Rice, Refried Beans Fruit and Milk	PASTA AND MEATBALLS  Marinara Sauce  Seasoned Broccoli  Dinner Roll and Butter  Fruit and Milk	PIZZA Cheese or Pepperoni Steamed Carrots Side Salad Fruit and Milk
17 BAKED CHICKEN NUGGETS Seasoned Rice Dinner Roll and Butter Seasoned Corn Fruit and Milk	GRILLED CHEESE SANDWICH Seasoned Green Beans Baked Beans, Fruit and Milk EARLY RELEASE	19 FRENCH TOAST STICKS Syrup, String Cheese Baby Carrots and Dressing Fruit and Milk  EARLY RELEASE	20 STEAKUM AND CHEESE SAUCE ON A SUB ROLL Homemade Soup Seasoned Carrots Fruit and Milk	PIZZA Cheese or Pepperoni Green Beans Grape Tomatoes with side of Dressing Fruit and Milk
CHICKEN BOWL Chicken Nuggets Mashed Potato and Gravy Steamed Corn Fruit and Milk	HOMEMADE MAC AND CHEESE Dinner Roll and Butter Steamed Broccoli Fruit and Milk	26 NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	VIKING ITALIANO Meatball Hero Marinara Sauce Seasoned Green Beans Fruit and Milk	PIZZA Cheese or Pepperoni Steamed Carrots Side Salad Fruit and Milk
BREADED BAKED CHICKEN PATTY ON A BUN Seasoned Rice, Green Beans Fruit and Milk				Menus are subject to change without notice.  VCSD is an equal opportunity provider and employer.



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#### **DAILY CHOICES AVAILABLE**

#### **BREAKFAST**

Bagels, Cereal, Muffins, Whole Grain Pop Tarts, Fruit, Fruit Juice, Milk

#### MII K

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

#### **ALTERNATE MEAL**

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

#### **FRESH MADE SALADS**

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

#### **SANDWICHES**

Turkey/Cheese, Ham/Cheese, Bologna/Cheese, Cheese Sandwich, PBJ

#### **SPECIALS**

#### **MONDAYS**

Pita Pizza Cold Platter: Pita bread, Sauce, Cheese, Pepperoni, Fruit and Milk

#### **TUESDAYS**

**Bagel Platter:** Bagel, Cream Cheese, Mozz Stick, Sliced Veggies and Dip, Fruit and Milk

#### **THURSDAYS**

Cheese, Ham, Turkey Platter: Rolled Cheese, Ham and Turkey Sliced, Cut Veggies, Gold Fish, Fruit and Milk

#### **SCHOOL MEAL PROGRAM**

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2024-2025 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

### ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85** Lunch at the elementary schools, **\$2.00** 

Breakfast at both middle and high school, \$2.00

Lunch at the middle and high schools, \$3.00

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

