



VALLEY CENTRAL

VIKING PRIDE

HIGH SCHOOL

JANUARY 2025

MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Menus are subject to change without notice.</i></p> <p><i>VCSD is an equal opportunity provider and employer.</i></p>		<p>1</p> <p>SCHOOL IS CLOSED</p>	<p>2</p> <p>PASTA Choice of Sauce: Plain Or Marinara Sauce String Cheese, Broccoli Fruit and Milk</p>	<p>3</p> <p>PIZZA Cheese or Pepperoni Steamed Carrots Fruit and Milk</p>
<p>6</p> <p>GENERAL TSO POPCORN CHICKEN WG Egg Roll Rice and Carrots Fruit and Milk</p>	<p>7</p> <p>GRILLED CHEESE ON A BAGEL Homemade Soup Pasta Salad Fruit and Milk</p>	<p>8</p> <p>NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Corn, Sour Cream Fruit and Milk</p>	<p>9</p> <p>PASTA AND MEATBALLS Marinara Sauce Seasoned Broccoli String Cheese Fruit and Milk</p>	<p>10</p> <p>PIZZA Personal Pan Pizza Seasoned Corn Side Salad Fruit and Milk</p>
<p>13</p> <p>BREADED CHICKEN PATTY BACON AND CHEESE ON A BUN Mashed Potatoes Seasoned Corn Fruit and Milk</p>	<p>14</p> <p>STUFFED SHELLS Marinara Sauce Seasoned Broccoli Dinner Roll and Butter Fruit and Milk</p>	<p>15</p> <p>SOFT SHELL TACO Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice Refried Beans Fruit and Milk</p>	<p>16</p> <p>PASTA Marinara Sauce Seasoned Broccoli String Cheese Fruit and Milk</p>	<p>17</p> <p>ITALIAN DUNKERS Cheesy Sub Hero Side of Marinara Sauce Green Beans Grape Tomatoes Fruit and Milk</p>
<p>20</p> <p>SCHOOL IS CLOSED</p>	<p>21</p> <p>REGENTS TESTING ~ LIMITED MENU ~ GRAB AND GO LUNCH</p>	<p>22</p> <p>REGENTS TESTING ~ LIMITED MENU ~ GRAB AND GO LUNCH</p>	<p>23</p> <p>REGENTS TESTING ~ LIMITED MENU ~ GRAB AND GO LUNCH</p>	<p>24</p> <p>REGENTS TESTING ~ LIMITED MENU ~ NO LUNCH</p>
<p>27</p> <p>ALL BEEF HOT DOG ON A BUN Sauerkraut, Bag Of Chips Baked Beans Fruit and Milk</p>	<p>28</p> <p>HOMEMADE MAC AND CHEESE PASTA String Cheese Steamed Broccoli Fruit and Milk</p>	<p>29</p> <p>SCHOOL IS CLOSED</p>	<p>30</p> <p>HOT OPEN FACE TURKEY SANDWICH Gravy, Mashed Potatoes Seasoned Corn Fruit and Milk</p>	<p>31</p> <p>PIZZA Cheese or Pepperoni Side Garden Salad Green Beans Fruit and Milk</p>



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DAILY SPECIALS

MONDAYS

Yogurt Parfait - Strawberry, Blueberry Or Peach, Granola Veggie and Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

WEDNESDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

OPTION 1

Grab and Go Pre-made Panini of the Day or Spicy Chicken Wrap

OPTION 2

Cottage Cheese, String Cheese, Cupped Peaches, Fresh Cut Veggies, Dressing, Crackers

DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread, PBJ Sandwich

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Egg Salad, PBJ

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2024-2025 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

