



VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL

NOVEMBER 2024

MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Menus are subject to change without notice.</i></p> <p><i>VCSD is an equal opportunity provider and employer.</i></p>				<p>1</p> <p>PIZZA Cheese or Pepperoni Carrots, Cucumber Coins Dressing Fruit and Milk</p>
<p>4</p> <p>BREADED CHICKEN PATTY, BACON AND CHEESE ON A BUN Tater Tots, Green Beans Fruit and Milk</p>	<p>5</p> <p>SUPERINTENDENTS CONFERENCE DAY</p> <p>NO SCHOOL FOR STUDENTS</p>	<p>6</p> <p>NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Corn, Sour Cream Fruit and Milk</p>	<p>7</p> <p>GRILLED CHEESE ON A CROISSANT Homemade Soup Pasta Salad Fruit and Milk</p>	<p>8</p> <p>PIZZA Cheese or Pepperoni Seasoned Corn Side Salad, Dressing Fruit and Milk</p>
<p>11</p> <p>VETERANS DAY</p> <p>SCHOOL IS CLOSED</p>	<p>12</p> <p>CHEESY BAKED MOZZARELLA STICKS Sauce, Garlic Knot Seasoned Broccoli Fruit and Milk</p>	<p>13</p> <p>SOFT SHELL TACO Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice Refried Beans Fruit and Milk</p>	<p>14</p> <p>SEASONED CHICKEN WINGS Side of Mac and Cheese Celery/Carrots Sticks Ranch Dressing Fruit and Milk</p>	<p>15</p> <p>PIZZA Cheese or Pepperoni Cucumber and Tomato Salad Fruit and Milk</p>
<p>18</p> <p>HALF AND HALF 3 Chicken Nuggets and 3 Breaded Mozzarella Sticks Tater Tots Fruit and Milk</p>	<p>19</p> <p>LASAGNA ROLL UPS Marinara Sauce Tuscan Mixed Veggies Dinner Roll and Butter Fruit and Milk</p>	<p>20</p> <p>NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Corn, Sour Cream Fruit and Milk</p>	<p>21</p> <p>THANKSGIVING MEAL Roasted Turkey Mashed Potatoes Gravy, Dinner Roll Corn, Fruit and Milk</p>	<p>22</p> <p>PIZZA Cheese or Pepperoni Green Beans Grape Tomatoes Fruit and Milk</p>
<p>25</p> <p>GENERAL TSO POPCORN CHICKEN WG Chicken Egg Roll Rice, Carrots Fruit and Milk</p>	<p>26</p> <p>PARENT-TEACHER CONFERENCES</p> <p>NO SCHOOL FOR STUDENTS</p>	<p>27</p> <p>SCHOOL IS CLOSED</p>	<p>28</p> <p>THANKSGIVING</p> <p>SCHOOL IS CLOSED</p>	<p>29</p> <p>SCHOOL IS CLOSED</p>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread, PBJ Sandwich

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Egg Salad, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry, Blueberry Or Peach, Granola Veggie and Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2024-2025 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

